

Symposium

218



Current Challenges of Inflammatory Bowel Disease

March 6–7, 2020

Hyatt Regency Hotel

Mexico City, Mexico



Preliminary Program

**Application for
CME credits
submitted**

▶	Preface	4
▶	Scientific Program	6
▶	Posters	10
▶	List of Speakers, Moderators and Scientific Organizers	11
▶	Information	14

CME credits for the Symposium 218 have been applied for at the European Union of Medical Specialists (UEMS). The number of credits awarded will be printed in the final program.

Preface

Dear colleagues and friends,

I am delighted to welcome you to the first Symposium, organized by Falk Foundation e.V., in Mexico City on March 6 and 7, 2020. This will be the second Symposium held in Latin America after more than two decades. It is a great privilege to have this event in Mexico where the incidence and prevalence of Inflammatory Bowel Disease (IBD) has increased importantly in the last decade. Mexico City, capital of the country, lies at an altitude of more than 2,200 meters in the Anáhuac Valley, surrounded by mighty mountain ranges and two magnificent snow-covered volcanoes, Popocatépetl and Iztaccíhuatl. This city is one of the world's largest cities, both in terms of population and area, most of the city's best tourist attractions and popular things to do are in the historic city center, a 15-square-kilometer UNESCO World Heritage Site containing more than 1,400 important buildings from the 16th to 19th centuries, as well as several museums such as Frida Kahlo Museum, the National Museum of Anthropology, the Palace of Fine Arts and others.

The theme of this Symposium in Mexico City is "Current Challenges of Inflammatory Bowel Disease". The linear program has seven selected sessions, structured around epidemiology, monitoring tools, conventional and biological treatment, new emerging therapeutic approaches, surgical issues and special situations focused on clinical practice with direct relevance to patient care, as well as poster presentations.

Our aims remain to provide an exciting academic program with latest and best scientific information and education in order to share and discuss the most relevant topics of IBD approach for improving outcomes and quality of life in patients with IBD.

Thanks to the generosity of Falk Foundation and all our international IBD experts for all time, effort and dedication in this important event.

On behalf of the Organizing Committee, Maria Abreu, Fernando Gomollon and Francisco Bosques, I extend a warm welcome to you all in Mexico City!

Yours sincerely,

Jesus Yamamoto-Furusho
Chair of the Organizing Committee



Current Challenges of Inflammatory Bowel Disease

March 6–7, 2020
Hyatt Regency Hotel
Mexico City, Mexico

Start of Registration:
Thursday, March 5, 2020
16.00 - 21.00 h
at the congress office

Setting Up of Poster Session:
Thursday, March 5, 2020
16.00 - 21.00 h

Congress Venue:
Hyatt Regency Hotel
Campos Elíseos 204
Polanco Chapultepec
11560 Mexico City
Mexico

**Symposium 218 is organized
by Falk Foundation e.V.**

Scientific Organization:

Prof. Dr. Jesús K. Yamamoto-Furusho
Clinica de Enfermedad Inflammatoria
Intestinal
Departamento de Gastroenterología
Instituto Nacional de Ciencias
Médicas y Nutrición Salvador Zubirán
Segundo piso, Calle Vasco de Quiroga 15
Colonia Belisario Domínguez Sección XVI
Delegación Tlalpan. C.P.
14080 Ciudad de México
Mexico
Telephone: +52-5555-733-418
Telefax: +52-5556-060-944
E-mail: kazuofurusho@hotmail.com

Scientific Co-Organization:

M.T. Abreu, Miami (USA)
F.J. Bosques Padilla, Monterrey (Mexico)
F. Gomollón, Zaragoza (Spain)

Official Language:
English

Call for Posters:
A poster session will take place.
For details see page 10

Publication Date of the Final Program:
March 2020

The final program will be available on the
website www.falk-foundation-symposia.org
one week before the start of the symposium.



Friday, March 6, 2020

9.00 Welcome and Introduction

J.K. Yamamoto-Furusho,
Mexico City

Session I

Emerging epidemiology of IBD worldwide

Chair: M.T. Abreu, Miami; F.J. Bosques Padilla, Monterrey

9.10 The old world of Europe: Has the incidence and prevalence of IBD stabilized?

P. Munkholm,
Copenhagen

9.35 How studying immigrants can edify the epidemiology of IBD

G. Kaplan,
Calgary

10.00 Epidemic of IBD in Asia?

Z.-H. Ran,
Shanghai

10.25 Rising incidence in Mexico and Latin America?

J.K. Yamamoto-Furusho,
Mexico City

10.50 **Coffee break with poster session**

Session II

Monitoring tools in IBD

Chair: M. Duijvestein, Amsterdam; R. Panaccione, Calgary

11.20 Serological and fecal biomarkers

M.C. Dubinsky,
New York

11.45 Chromoendoscopy vs. digital technology for the detection of lesions and dysplasia in UC patients

G.Y. Melmed,
Los Angeles

12.10 What radiological tool is better in Crohn's Disease patients?

J. Rimola,
Barcelona

12.35 Does histological remission matter?

M. Vieth,
Bayreuth

13.00 **Lunch break with poster session**



Friday, March 6, 2020

Session III

Conventional treatment still useful in IBD?

Chair: B.E. Sands, New York; S. Schreiber, Kiel

- | | | |
|--------------|--|----------------------------|
| 14.30 | Patient profile for the use of 5-ASA in IBD | A.H. Steinhart,
Toronto |
| 14.55 | Topical vs. systemic steroids in IBD | A. Dignass,
Frankfurt |
| 15.20 | Role of thiopurines and methotrexate in IBD | F. Carbonnel,
Paris |
| 15.45 | Challenges in the medical treatment of severe UC | J.O. Lindsay,
London |
| 16.10 | Coffee break with poster session | |

Session IV

Practical issues in the treatment of IBD with anti-TNF therapy

Chair: S. Ghosh, Birmingham; W.J. Sandborn, San Diego

- | | | |
|--------------|--|------------------------------|
| 16.40 | Top down vs. accelerated step approach | E.V. Loftus,
Rochester |
| 17.05 | Empirical optimization vs. therapeutic drug monitoring | M.T. Abreu,
Miami |
| 17.30 | Is anti-TNF therapy for ever? | M. Duijvestein,
Amsterdam |
| 17.55 | Safety concerns of anti-TNF therapy | N.N. |
| 18.20 | Networking with light refreshments | |



Saturday, March 7, 2020

Session V

Surgical issues in IBD

Chair: W.A. Bemelman Amsterdam; A. D'Hoore, Leuven

- | | | |
|--------------|---|-----------------------------|
| 9.00 | Small bowel resection vs. stricturoplasty | W.A. Bemelman,
Amsterdam |
| 9.25 | Minimal invasive surgery: A better approach? | F. Remzi,
New York |
| 9.50 | Role of mesenteric fat in the clinical course of CD | A. D'Hoore,
Leuven |
| 10.15 | Management of refractory pouchitis | B. Shen,
Cleveland |
| 10.40 | Coffee break with poster session | |

Session VI

Challenges in IBD

Chair: F. Gomollón, Zaragoza; G. Rogler, Zurich

- | | | |
|--------------|--|----------------------------------|
| 11.10 | Management of psycho-social issues for IBD patients and their families | C.N. Bernstein,
Winnipeg |
| 11.35 | The pediatric-adult transition: How to bridge the change | J. Martín de Carpi,
Barcelona |
| 12.00 | Presentation of Poster Awards | |
| 12.15 | Telemedicine in IBD: The Future is here | M.T. Abreu,
Miami |
| 12.40 | Personalized medicine for the treatment of IBD | F. Gomollón,
Zaragoza |
| 13.05 | Lunch break with poster session | |



Saturday, March 7, 2020

Session VII

New and emerging therapeutic approaches for IBD

Chair: J.O. Lindsay, London; E.V. Loftus, Rochester

- | | | |
|--------------|---|-----------------------------|
| 14.05 | What is the better profile patient for Vedolizumab treatment? | W.J. Sandborn,
San Diego |
| 14.30 | Ustekinumab and other anti-IL23 inhibitors for IBD | B.E. Sands,
New York |
| 14.55 | JAK inhibitors: A new kid in the block | S. Ghosh,
Birmingham |
| 15.20 | Future therapeutic targets in IBD | S. Schreiber,
Kiel |
| 15.45 | Coffee break with poster session | |

Session VIII

Special situations in IBD

Chair: C.N. Bernstein, Winnipeg; N.N.

- | | | |
|--------------|---|---|
| 16.15 | Sexual dysfunction and pregnancy | C.J. van der Woude,
Rotterdam |
| 16.40 | Impact of infections in the course and treatment of patients with IBD | G. Rogler
Zurich |
| 17.05 | IBD a systemic disease: Extraintestinal manifestations | R. Panaccione,
Calgary |
| 17.30 | Closing Remarks | J.K. Yamamoto-
Furusho,
Mexico City |

Poster Session

Posters will be exhibited on March 6–7, 2020. The authors will be in attendance during coffee and lunch breaks on both days. The setting up of the poster session starts on Thursday, March 5, 2020 at 16.00 h. The authors are asked to mount their poster on Thursday.

Call for Posters

Please submit your poster abstract before **October 1, 2019**. Only one-page abstracts not exceeding 300 words, written in English will be accepted.

Abstracts must be submitted via our Internet Abstract Submission System (<https://poster.falkfoundation.com>) where further information regarding the submission format and the submission process is available.

The abstracts will be selected by the scientific organizers, preference being given to those thematically related to one of the sessions of the program. The accepted abstracts will be printed and distributed to the participants of the congress together with the documents of the meeting.

The authors will receive notification about acceptance and further instructions in **October 2019**.

Contact address for further information on the poster session:

Falk Foundation e.V.
Congress Department
Leinenweberstr. 5
79108 Freiburg
Germany
Telephone: +49-761-1514-125
Telefax: +49-761-1514-359

Web address for submitting poster abstracts:
<https://poster.falkfoundation.com>

For the **first author** of an accepted poster, expenses for accommodation (March 5–8, 2020) and fees for the scientific program will be covered during Symposium 218. Travel expenses will not be covered.

Poster Awards

Three prizes will be awarded for the best poster presentations. **For the presentation of poster awards, award winners will be asked to give a short presentation (2–5 minutes) of their poster.** Award winners will be presented with a certificate and prize money of €1,500, €1,000 and €500. Travel expenses will additionally be covered for the first author of an awarded poster.

List of Speakers, Moderators and Scientific Organizers

Maria T. Abreu, M.D.

Professor of Medicine
University of Miami
Gautier Medical Research Building,
Room #510
1011 NW 15th Street
Miami, FL 33136
USA
mabreu1@med.miami.edu

Prof. Dr. Willem A. Bemelman

Department of Surgery
Tytgat Institute for Liver & Intestinal
Research
University van Amsterdam
Meibergdreef 9
1105 AZ Amsterdam
The Netherlands
w.a.bemelman@amc.uva.nl

Dr. Charles N. Bernstein

Department of Gastroenterology
University of Manitoba
804 F-175 McDermot Avenue
Winnipeg MB R3E 3P4
Canada
charles.bernstein@med.umanitoba.ca

Dr. Francisco J. Bosques Padilla

Servicio de Gastroenterología
Hospital Universitario Dr. José Eleuterio
González
Universidad Autónoma de Nuevo León
64710 Monterrey, N.L.
Mexico
fbosques58@hotmail.com

Prof. Dr. Franck Carbonnel

Service d'Hépatogastroentérologie
78 rue du Général Leclerc
94275 Le Kremlin Bicetre
France
franck.carbonnel@bct.aphp.fr

Prof. Dr. Axel Dignass

Medizinische Klinik I
AGAPLESION
Markus Krankenhaus
Wilhelm-Epstein-Str. 4
60431 Frankfurt
Germany
axel.dignass@fdk.info

Prof. Dr. André D'Hoore

Department of Abdominal Surgery
University Hospital Leuven
Herestraat 49
3000 Leuven
Belgium
andre.dhoore@uz.kuleuven.ac.be

Marla C. Dubinsky, M.D.

Professor of Pediatrics
The Susan & Leonard Feinstein
IBD Clinical Center
Suite 1165W
17 East 102nd Street, 5th Floor
New York, NY 10029
USA
marla.dubinsky@mssm.edu

Dr. Marjolijn Duijvestein

Department of Gastroenterology and
Hepatology (Room PK 2 x 140)
Amsterdam UMC
De Boelelaan 1117
1081 HV Amsterdam
The Netherlands
m.duijvestein@amsterdamumc.nl

Claudio Fiocchi, M.D.

Professor of Medicine
Department of Inflammation & Immunity
Cleveland Clinic
9500 Euclid Avenue
Cleveland, OH 44195
USA
fiocchc@ccf.org

Prof. Dr. Subrata Ghosh

Institute of Translational Medicine
University of Birmingham
Birmingham B15 2TT
Great Britain
ghoshs@bham.ac.uk

Prof. Dr. Fernando Gomollón

IBD Unit
Hospital Clínico Universitario “Losano Blesa”
Facultad de Medicina
Fundación del Instituto de Investigación
Sanitaria de Aragón (IIS Aragón)
Avenida San Juan Bosco 15
50009 Zaragoza
Spain
fgomollon@gmail.com

Prof. Dr. Gilaad Kaplan

Division of Gastroenterology and
Hepatology
Inflammatory Bowel Disease Clinic
Cumming School of Medicine
University of Calgary
Teaching Research and Wellness Building
Room 3D03-18, 3280 Hospital Drive NW
Calgary, Alberta, T2N 4Z6
Canada
gkaplan@ucalgary.ca

Prof. Dr. James O. Lindsay

Consultant Gastroenterologist
The Royal London Hospital
Bart’s Health NHS Trust
Whitechapel
London E1 1BB
Great Britain
james.lindsay@bartshealth.nhs.uk

Edward V. Loftus, M.D.

Professor of Medicine
Division of Gastroenterology
Mayo Clinic
200 First Street SW
Rochester, MN 55905
USA
loftus.edward@mayo.edu

Dr. Javier Martín de Carpi

Department of Gastroenterology,
Hepatology and Nutrition
Sant Joan de Déu Barcelona Hospital
Passeig de Sant Joan de Déu, 2,
08950 Esplugues de Llobregat, Barcelona
Spain
javiermartin@sjdhospitalbarcelona.org

Gil Y. Melmed, M.D.

Professor of Medicine
Inflammatory Bowel Disease Clinical Research
Cedars Sinai Medical Center
Thalians Building
8730 Alden Drive
Steven Spielberg Building, Suite 2-East
Los Angeles, CA 90048
gil.melmed@cshs.org

Dr. Pia Munkholm

Department of Gastroenterology
North Zealand University Hospital
Frederikssundsvej 30
3600 Frederikssund
Denmark
pia.munkholm@regionh.dk

Prof. Dr. Remo Panaccione

Inflammatory Bowel Disease Clinic
Cumming School of Medicine
University of Calgary
Teaching Research and Wellness Building
Room 6D30, 3280 Hospital Drive NW
Calgary, Alberta, T2N 4Z6
Canada
rpanacci@ucalgary.ca

Prof. Dr. Zhi-Hua Ran

Department of Gastroenterology
Renji Hospital
Shanghai Jiaotong University
160 Pu Jian Rd., Pudong Distr.
200001 Shanghai
China
zhihuaran@vip.163.com

Feza Remzi, M.D.

Professor of Surgery
Inflammatory Bowel Disease Center
240 East 38th Street, 23rd Floor
New York, NY 10016
USA
feza.remzi@nyulangone.org

Dr. Jordi Rimola

Department of Radiology
Hospital Clinic de Barcelona
C/Villarroel 170
08036 Barcelona
Spain
jordirimola@gmail.com

Prof. Dr. Dr. Gerhard Rogler

Klinik für Gastroenterologie
& Hepatologie
Universitätsspital Zürich
Rämistr. 100
8091 Zürich
Switzerland
gerhard.rogler@usz.ch

William J. Sandborn, M.D.

Professor of Medicine
Division of Gastroenterology
University of California
9500 Gilman Drive, MC 0956
La Jolla, CA 92093
USA
wsandborn@ucsd.edu

Bruce E. Sands, M.D.

Professor of Medicine
Icahn School of Medicine at Mount Sinai
One Gustave L. Levy Place, Box 1069
New York, NY 10029
bruce.sands@mssm.edu

Prof. Dr. Stefan Schreiber

Klinik für Innere Medizin I
Universitätsklinikum
Schleswig-Holstein, Campus Kiel
Arnold-Heller-Str. 3 (Haus 6)
24105 Kiel
s.schreiber@mucosa.de

Bo Shen, M.D.

Gastroenterology & Hepatology
The Cleveland Clinic Foundation
Mail Code A30
9500 Euclid Avenue
Cleveland, OH 44195
USA
shenb@ccf.org

A. Hillary Steinhart, M.D.

Professor of Medicine
Mount Sinai Hospital IBD Centre
University of Toronto
445 - 600 University Avenue
Toronto, Ontario M5G 1X5
Canada
hillary.steinhart@sinahealthsystem.ca

Prof. Dr. C. Janneke van der Woude

Afd. Gastroenterologie
Erasmus Medical Center
's-Gravendijkwal 230
3015 CE Rotterdam
The Netherlands
c.vanderwoude@erasmusmc.nl

Prof. Dr. Michael Vieth

Pathologie
Klinikum Bayreuth
Preuschwitzer Str. 101
95445 Bayreuth
Germany
vieth.lkpathol@uni-bayreuth.de

Prof. Dr. Jesús K. Yamamoto-Furusho

Clinica de Enfermedad Inflammatoria
Intestinal
Departamento de Gastroenterología
Instituto Nacional de Ciencias
Médicas y Nutrición Salvador Zubirán
Segundo piso, Calle Vasco de Quiroga 15
Colonia Belisario Domínguez Sección XVI
Delegación Tlalpan. C.P.
14080 Ciudad de México
Mexico
kazuofurusho@hotmail.com

General Information

Prior to the opening of the congress in Mexico City

Falk Foundation e.V. Telephone: +49-761-1514-125
Congress Department Telefax: +49-761-1514-359
Leinenweberstr. 5 E-mail: symposia@falk-foundation-symposia.org
79108 Freiburg
Germany

Congress Office

During Symposium 218

Congress Office Telephone: +49-175-7795-327

Opening Hours:

Thursday, March 5, 2020	16.00 – 21.00 h
Friday, March 6, 2020	8.00 – 18.30 h
Saturday, March 7, 2020	8.30 – 17.30 h

Congress Venue:

Hyatt Regency Hotel
Campos Elíseos 204
Polanco Chapultepec
11560 Mexico City
Mexico

Congress Fees

Scientific Program of Symposium 218	EUR 200
Students (copy of student ID required)	EUR 100

*****OR*****

Day Ticket	EUR 120
Students (copy of student ID required)	EUR 60

The congress fees include:

- Pre-Opening and Welcome on Thursday, March 5, 2020
- Refreshments during coffee breaks
- Lunch on Friday, March 6 and on Saturday, March 7, 2020
- Snacks during scientific discussion on Friday, March 6, 2020
- A copy of the abstract volume
- A copy of the final program

Registration

Congress registrations must reach the Foundation e.V. by **November 1, 2019, at the latest**.

After receipt of the registration form, each participant will be provided with confirmation of his registration/invoice. On presentation of this confirmation at the congress office in Mexico City participants will receive the congress folder containing name badges, admission tickets and the abstract volume.

In the event of registration cancellations, a handling fee of EUR 20 will be deducted from the refund. All participants will receive a written confirmation of attendance at the end of the meeting.

Admission to Scientific Program

For admission to scientific events your name badge should be clearly visible. Accompanying persons are not permitted during the conference at any time.

Airport

Hyatt Regency Hotel is located in the upscale Polanco neighborhood, near Paseo de la Reforma and Chapultepec Park.

The distance between the airport and the hotel is around 17 kilometers and a car ride will take approximately 40 minutes.

Travelling by taxi is the best way to get to and from Mexico City Airport. It is strongly recommended to pick up an authorized taxi and avoid rides offered by non-authorized drivers.

Taxi ranks are located at the entrance of both terminals: Terminal 1 and Terminal 2 (international and domestic).

Only taxis by SCT Secretaría de Comunicaciones y Transportes are authorized to provide service at the airport. Currently the following taxi companies offering service at Mexico Airport (MEX): Porto Taxi, Sitio 300, Nueva Imagen, Excelencia, Confort and Yellow Cab.

You can purchase your ticket at the booths near the arrival gates in the walkway area. You can also use Uber, which is safe as well.

Further information can be found under: <https://www.mexico-airport.com/taxi.php>
Or ask the concierge of the hotel to organize your transfer.

International Symposia and Workshops

*Scientific Dialogue
in the Interest of
Therapeutic Progress*



Workshop
**Primary Liver Cancer – Emerging
Concepts and Novel Treatments**
Mainz, Germany
February 13–14, 2020



Symposium 219
IBD-Patients – In the Center of Care
Copenhagen, Denmark
May 22–23, 2020



Symposium 218
**Current Challenges of
Inflammatory Bowel Diseases**
Mexico City, Mexico
March 6–7, 2020



Symposium 220
**XXVI. International Bile Acid
Meeting: Bile Acids in Health and
Disease 2020**
Amsterdam, The Netherlands
July 10–11, 2020



Workshop
**Microscopic Colitis – New Insights
and Recommendations**
Copenhagen, Denmark
May 21, 2020



Symposium 221
**IBD Management in the
New Decade: Old Myths and
New Realities**
Athens, Greece
October 2–3, 2020

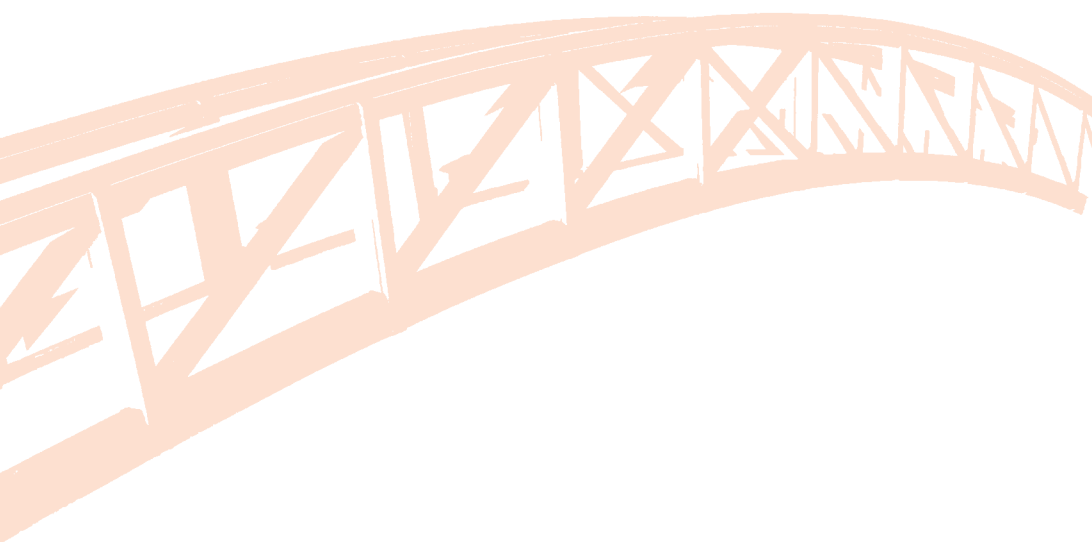
FALK FOUNDATION e.V.



Leinenweberstr. 5
79108 Freiburg
Germany

Congress Department
Tel.: +49-761-1514-125
Fax: +49-761-1514-359
E-Mail: symposia@falk-foundation-symposia.org
www.falk-foundation-symposia.org

2020



Organized by:

FALK FOUNDATION e.V.



Leinenweberstr. 5
79108 Freiburg
Germany

Congress Department

Telephone: +49-761-1514-125

Telefax: +49-761-1514-359

E-Mail: symposia@falk-foundation-symposia.org

www.falk-foundation-symposia.org

Organized by:

FALK FOUNDATION e.V.



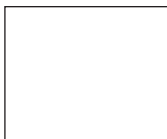
Leinenweberstr. 5
79108 Freiburg
Germany

Telephone: +49-761-1514-125

Telefax: +49-761-1514-359

E-Mail: symposia@falk-foundation-symposia.org

www.falk-foundation-symposia.org



Falk Foundation e.V.
Congress Department
Leinenweberstr. 5

79108 Freiburg
Germany

Please print or legibly stamp your
name and **professional address!**

In cancellation a fee of EUR 20 will be deducted from the refundable amount.

Information pursuant to Article 13 und Article 14 of the Regulation (EU)2016/679 with respect to the processing of your personal data are available at the website <http://www.falkfoundation.com/service/privacy-policy/>. As further explained at this website, you can object to the sending of promotional material at any time via phone +49 (0)761 1514-0, via email to objection@falkfoundation.de or in writing to Falk Foundation e.V., Der Datenschutzbeauftragte, Leinenweberstr. 5, 79108 Freiburg.

REGISTRATION CARD

Symposium 218
March 6-7, 2020
Mexico City, Mexico

Registration Deadline: November 1, 2019

Symposium 218

**Current Challenges of Inflammatory
Bowel Disease**
March 6-7, 2020
Mexico City, Mexico

Scientific Program

Scientific program of Symposium 218

_____ EUR 200

For students (copy of student ID required)

_____ EUR 100

OR

Day ticket (please insert date _____)

_____ EUR 120

For students (copy of student ID required)
(please insert date _____)

_____ EUR 60

Pre-Opening and Welcome on March 5, 2020 (19.00 h)

_____ free of charge